



## *How can I take the hard work out of labour?*

At Glengarry we believe the most important part of preparing for a baby is helping dad as well as mum. And as part of our commitment to the community, we invite parents-to-be to attend our free Early Bird sessions.

In a series of relaxed, informal discussions our highly trained midwives will cover all you need to know to bring you both closer to your baby and make childbirth the most natural and joyful experience of your lives.

To secure your place in our Early Bird seminars,  
book now on 246 6324  
and we'll send you a personal invitation.  
(Partners and support people are welcome.)

**Glengarry Hospital**  
*caring for your community*

53 Amisdale Road, Dungraig, phone 246 6324.

  
Early  
Bird  
Programme

  
Australian  
Medical  
Enterprises



*After* nine months,  
you deserve a little  
comfort.

When the special day arrives, Glengarry believes in creating a relaxed, home-like environment that offers the security of a major hospital while pampering you in five star luxury accommodation.

As part of our ongoing commitment to the community, we open our doors and invite you to tour our newly refurbished Maternity Unit.

You'll get a chance to chat with our highly skilled maternity team and view the latest in birthing suit comfort, in addition to being shown through our specialised level 2 nursery.

Our next open day is on Sunday 23 July at 2pm.

Family and friends are welcome. Please come to the main reception area

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